



Obesity Anaesthesia Research Forum at Euroanaesthesia 2026, Rotterdam



**The Hilton Hotel, Weena, Rotterdam
Friday 5th June 2026, 18:30**

The Pelosi (Trainees) Prize Presentation

Guidance

You can submit abstracts that are either brand new, or have been previously presented in another meeting - as long as that is within 18 months prior to this meeting. They cannot have been presented at any point before Dec 5th 2024.

The abstracts must be related to a particular aspect of anaesthesia or peri-operative practice relevant to obesity anaesthesia or bariatric surgery. The idea is to stimulate discussion in the meeting and give you feedback and ideas on how to progress.

Abstracts must be formatted to the same rules and in the same style as the Euroanaesthesia abstracts (see below). They **must** fit on a single side of A4 paper in order to be included in the meetings booklet, which will be distributed on the night.

Abstracts must be submitted as word (.docx) files to abstracts@espcop.eu before midnight Central European time of the Friday 30th of April. We will grade these and send an email response to all authors within four days, ie by the end of Tuesday 4th May.

The best five will be selected for presentation on the evening and compete for the €500 first prize - runners up get €300 and €200.

This is a five minute, eight slide Powerpoint or Keynote presentation, with four minutes for questions and audience discussion. The judges will award the prizes on the basis of originality, clarity of abstract, clinical importance, scientific validity and quality of presentation. You must be a current trainee under the age of 35 on the day to be considered for the prizes.

Registration for the evening session is free for those presenting. We would recommend attending the daytime Key Issues course to familiarise yourself with the background and overall flavour of the day.

Abstract Options & Guidelines

We offer two options for abstract submission: Case report and Non-case report.

Option 1: Case report

Case reports should only be submitted if they present a case or therapeutic approach that is original and has not been published before. Case reports presented under this option should contain concise statements of:

- Background: Describe the underlying clinical question or problem. Brief statement summarising why this case is unusual and noteworthy should be included.
- Case report: Summarise the information that you have gathered: a brief history and important and relevant positive and negative findings with details of investigations, treatment, and the condition of the patient after treatment.
- Discussion: State the significance of the information. Explain the objective of reporting the case; describe what others have written before about the condition or any related feature. Support with facts the message you are trying to convey. The reviewers want proof of the rarity and relevance of the condition and the scientific explanations for it.
- References (optional): Include up to three references, numbered according to order of occurrence in the text, with the corresponding number in the text.
- Learning points: These are essentially your final conclusions and serve to crystallise your thoughts on exactly why you think this case is of value and what we can learn from it.

Option 2: Non-case report

This option is most suited for scientific research. Abstracts presented under this option should contain concise statements of:

- Background and Goal of Study: Indicate the purpose and objective of the research; clearly state the hypothesis that was tested by the study or the observations that are sought.
- Materials and Methods: Describe methods used. Standard methods need only be named, but uncommon or new methods may need a more detailed description. The reader must understand how the data were generated. Indicate how the data were analysed and which statistical tests were used.



- **Results and Discussion:** Present as clearly and detailed as possible the findings and outcome of the study in summarised form. Abstracts need only short discussions. Focus on what can be concluded from the data and explain them in simple words. Avoid any speculations.
- **Conclusion(s):** Give a simple answer to the hypothesis in the light of the new data from your study. You may wish to suggest what needs to be studied next. The conclusion must be justified by your data.
- **References (optional):** Include up to three references, numbered according to the order of occurrence in the text, with the corresponding number in the text.
- **Acknowledgements (optional):** Include any acknowledgement you wish to make.

Please read the following important information and guidelines carefully before you submit an abstract. Non-adherence to these submission guidelines may be cause for rejection.

Language

All abstracts must be written in English. Please write as simply as possible and avoid language mistakes. If English is not your first language, we recommend that you have your abstract reviewed by a native speaker before submission.

Number of Authors

Up to 6 authors (1st author + 5 co-authors) maximum for an abstract are allowed. The authors will be published in the same order as submitted. The presenting author will be underlined and will be the contact author. The presenter's full name and professional address details need to be entered. The affiliation of all authors must be entered.

Length

The abstract title is limited to 300 characters and the abstract body should not exceed 2500 characters including spaces. Each table image inserted in the abstract body counts for 300 characters and each row of a table for 50 characters. Author names and affiliations are not counted in the 2500 characters limit.

Font

Use a standard font like Arial when formatting your text, maximum font size 12 point. This will help prevent special characters from getting lost when copying your text. Avoid full sentences in capital letters, including in the title. Please remember to preview the final abstract before submission and edit or replace it as necessary.

Picture

Images, graphs or illustrations in colour are allowed, but count as 300 characters in your abstract. The allowed maximum size is 800x600 pixels (height/width). Any graphics larger than this size will not be accepted.

Spelling

It is the author's responsibility to submit a correct abstract. Any errors in spelling, grammar or scientific fact will be reproduced as typed by the author.

Good Luck!

